



Ms Rachael Donalds

Founder and CEO, Biosay Inc.

Rachael is the founder and CEO of Biosay, Inc., an app that analyses your biometric data to determine how your physical surroundings impact your health and emotional wellbeing. As part of the Harvard Innovation Labs, and grounded in the latest research and technology in biometric measurements, Biosay provides a powerful tool to accurately measure, monitor and manage energy, emotion, and stress. Rachael's areas of research expertise is in socioemotional functioning, wellness, resilience and healthtech, and has presented and published articles ranging from the use of stem cells in the treatment of anxiety and depression, digital health interventions, to applying the biopsychosocial model in the assessment of resilience and the remission of illness. Rachael has an MS in Social and Behavioral Sciences from the T.H. Chan Harvard School of Public Health, and an MPA in Public Affairs at Brown University. She is currently completing her PhD at Boston University and is a Research Associate at McLean Hospital, Harvard Medical School.

Her community volunteer efforts include the Boston Managing Director for HealthTech Women, an international non-for-profit organization which seeks to empower women entrepreneurs through leveraging educational and community resources.